


























# WEEK 1

W/C: 04/11, 25/11, 16/12, 06/01, 27/01, 10/03, 31/03



**AUTUMN/WINTER 2024**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Macaroni Cheese 	Classic Beef Burger Served with Potato Wedges	Roast Gammon Served with Roast Potatoes and Gravy	BBQ Chicken Pizza  Served with Pesto Pasta	Fish Fingers Served with Chips
JACKET POTATO	Cheesy Bean Burrito   	Quorn Burger  Served with Potato Wedges	Spanish Vegetable Rice 	Meatless Feast Cheesy Pizza   Served with Pesto Pasta	Crispy Quorn Sub  Served with Chips
	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings including Salmon Mayonnaise 	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato sauce with penne pasta  					
All main meals are served with two vegetables					
DESSERT	Raspberry Jelly	Apple Crumble with Custard 	Rice Pudding with Jam or Chocolate Spread	Flapjack with Fruit 	Mango Frozen Yoghurt

**AVAILABLE EVERY DAY**

Water, salad, freshly baked bread, yoghurt & fresh fruit

 Vegetarian  Oily Fish  Wholegrain

 Fruity!  Nutritionist's Choice

# WEEK 2

W/C: 11/11, 02/12, 13/01, 03/02, 24/02, 17/03

**AUTUMN/WINTER 2024**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Veggie Supreme Pizza Served with Pesto Pasta	BBQ Meatball Pasta Bake	Roast Chicken Served with Roast Potatoes and Gravy	Chicken and Vegetable Pie Served with Mashed Potato and Gravy	Fish Fingers Served with Chips
JACKET POTATO	Vegetable Fajita Served with Wholegrain Rice	Chinese Vegetable Noodles	Winter Vegetable Hotpot	Macaroni Cheese	Quorn Dippers Served with Chips
	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	Crunchy Chocolate Mousse	Apple and Cinnamon Sponge with Custard	Fruits of the Forest Jelly	Orange Glazed Sticky Sponge Pudding with Custard	Strawberry Ice Cream

**AVAILABLE EVERY DAY**

Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian Oily Fish Wholegrain

Fruity! Nutritionist's Choice

# WEEK 3

W/C: 18/11, 09/12, 20/01, 10/02, 03/03, 24/03

**AUTUMN/WINTER 2024**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza	Pork Sausages Served with Mashed Potato and Gravy	Roast Beef Served with Roast Potatoes and Gravy	Sweet and Sour Chicken	Fish Fingers Served with Chips
JACKET POTATO	BBQ Quorn Fillet Served with Wholegrain Rice	Quorn Sausages Served with Mashed Potato and Gravy	Roasted Vegetable and Cranberry Slice Served with Roast Potatoes and Gravy	Tomato and Sweetcorn Pasta	Veggie Fingers Served with Chips
	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	Chocolate Beet Brownie with Orange Slices	Bread and Butter Pudding with Custard	Oat Cookie with Fruit	Jam and Coconut Sponge with Custard	Vanilla Ice Cream

**AVAILABLE EVERY DAY**

Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian Oily Fish Wholegrain

Fruity! Nutritionist's Choice